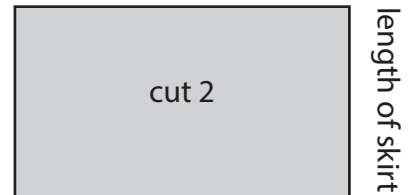


Elastic Back Skirt Tutorial

Calculate skirt dimensions and cut 2

1. The front and back skirt are two rectangles.
 - The length is the length you want the skirt - for my midi skirt (for a height of 5'6"), I made it 27" long.
 - The width should be your full hip measurement divided by 2, plus 6" (e.g. if your hips are 46", the width will be $(46/2)+6 = 29"$).

$$(\text{hip measurement}/2) + 6''$$



Cut two skirt pieces with these dimensions

Calculate front waistband dimensions and cut 1

2. The front waistband is a rectangle.
 - The length of the band is 3" (for a finished waistband width of 1").
 - The width of the band is your waist measurement divided by two, plus 2 inches. So if your waist is 40", it would be $(40/2)+2 = 22"$.

$$(\text{waist measurement}/2) + 2''$$

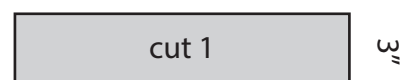


Cut one waistband piece with these dimensions

Calculate back waistband dimensions and cut 1

3. The back waistband is another rectangle.
 - The length of the band is 3" (for a finished waistband width of 1").
 - The width of the band is the same as the skirt width: full hip measurement divided by 2, plus 6" (e.g. if your hips are 46", the width will be $(46/2)+6 = 29"$).

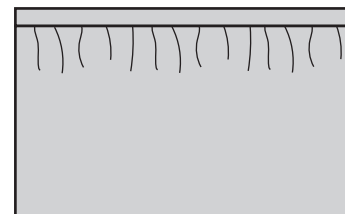
$$(\text{hip measurement}/2) + 6''$$



Cut one waistband piece with these dimensions

Gather front skirt and sew to waistband

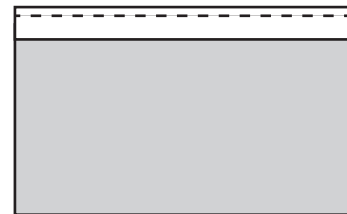
4. Sew three long basting stitches within the 1/2" seam allowance at the top of the skirt, and tie at one end. Hold bobbin threads and gently gather skirt, until front skirt width matches front waistband width.
5. Pin front waistband to skirt, right sides together. Sew at a 1/2" seam allowance and press up towards waistband.



Elastic Back Skirt Tutorial

Sew back waistband to back skirt

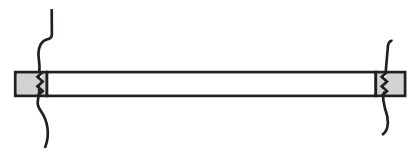
6. Pin back skirt to back waistband, right sides together. Sew at a 1/2" seam allowance. Don't press yet!



Cut elastic and add tabs at ends.

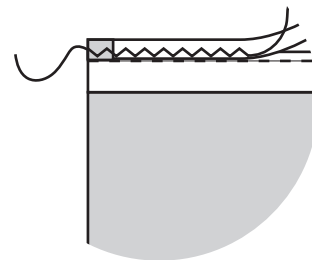
7. Cut back elastic (1" width): to calculate length, measure your front waistband width, multiply by 0.75, then subtract 2 inches (e.g. if your waistband is 25", the elastic will be 16.75").

Cut two rectangular pieces of skirt fabric 2" x 1", and place on top of the elastic at both ends. Use a zig zag stitch to sew them to the elastic.



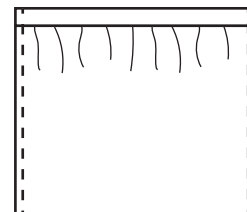
Sew elastic to back skirt/waistband seam allowance

8. Place elastic on top of skirt/waistband seam allowance on waistband side. Pin at both ends and at the middle. Sew elastic to seam allowance using a zig zag stitch, stretching the elastic as you go so that it fits the waistband. It will cause the waistband and skirt to gather.



Sew skirt side seams

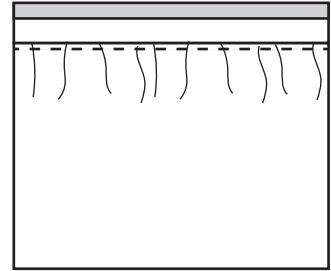
9. Flip waistbands up on front and back skirts. Pin front to back, right sides together, at side seams, sew at a 1/2" seam allowance, finish and press.



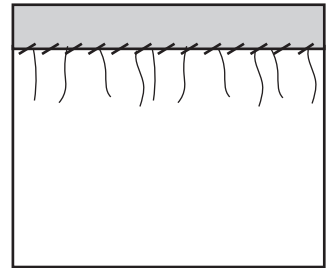
Elastic Back Skirt Tutorial

Finish waistband

- 10 Press under top of waistband by 1/2" to wrong side.



- 11 Press waistband in half towards the wrong side, so it is covering the seam allowance inside the skirt. Pin around waistband. Then, either use a hand needle to slip stitch waistband to seam allowance, or stitch in the ditch in the seam well from the right side. You will need to gently stretch the elastic as you sew so the waistband is flat.



Hem skirt

- 12 Turn up hem of skirt by 1/2", press. Turn up another 1/2", press. Topstitch hem from right side.

